



Etiquette Dinner


Sponsored by: **WSECU**


Nov. 15, 2023 5:00pm - 7:00pm



EWU Welcomes You


 **Event Breakdown**

 **Directions**

 **Parking**

 **The Speaker**

 **Networking/
Recruitment/
Hosting**

 **Dinner**

We want your time with us to be as simple as possible

Thank you for coming to campus and helping our students build their networking skills. The following will be instructions on how to get to our campus, parking arrangements, accommodations, dinner information, and details about the speaker.

Contact Us

 (509) 359-6365

 926 Elm Street, Cheney WA 99004

 ewu.edu/careercenter

Event breakdown

4:30pm - 5:00pm

CHECK-IN/PRE-NETWORK HOUR

(Hargreaves 201)

5:00pm - 5:30pm:

NETWORKING SESSION

Welcome: Romeal Watson

Networking Tips: Will Rance, WSECU

Keynote: Marissa Rudley

5:30pm - 5:35pm

WELCOME & GUEST INTRODUCTION

Romeal Watson

Our Sponsor: WSECU

5:35pm - 7:00pm

ETIQUETTE TRAINING

Marissa Rudley

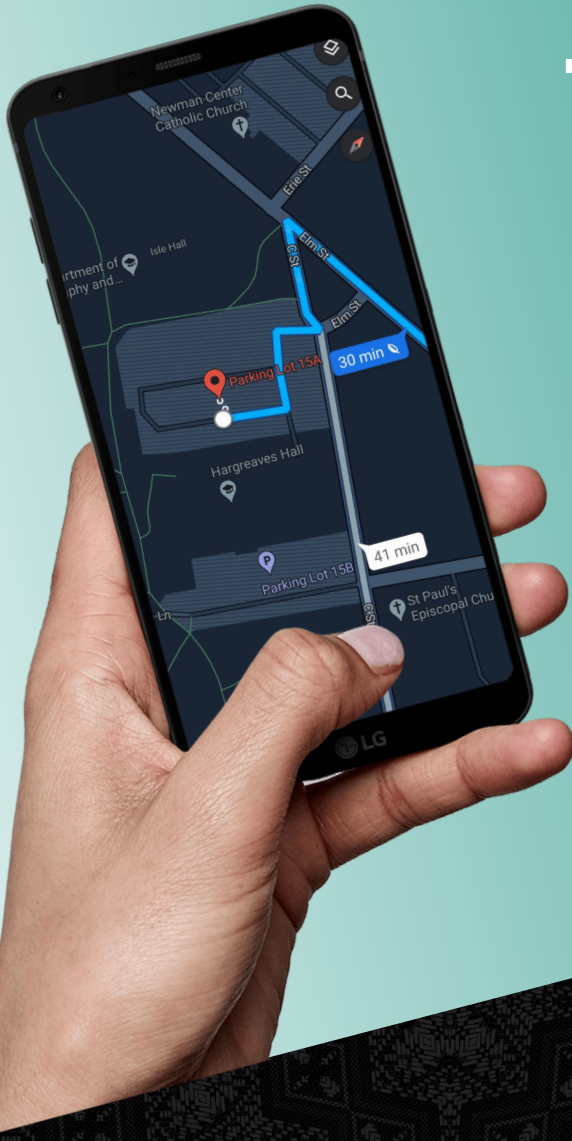
5:45pm: Salad | **6:00pm:** Dinner | **6:45pm:** Dessert

7:00pm

PROGRAM CONCLUDES

What is Dining Etiquette?

Etiquette is about presenting yourself with polish and professionalism that shows you can be taken seriously. Etiquette is about being comfortable around people and making them comfortable around you. Dining etiquette starts before you ever take your seat and continues after you excuse yourself from the table.



DIRECTIONS

Whether you are coming from the East or the West, below are directions to help you find us.

The event is located at:

[616 Study Ln.](#)
[Cheney, WA 99004](#)



Directions If You're Westbound on I-90

1. Take Exit 270 (Four Lakes/Cheney).
2. Travel HWY 904 for 6 miles.
3. Continue through Cheney and take a right on Elm Street.
4. Continue up the hill, and take a hard left onto C Street, right past the Eastern Washington University sign
5. Parking Lot 15 A will be on your right-hand side.

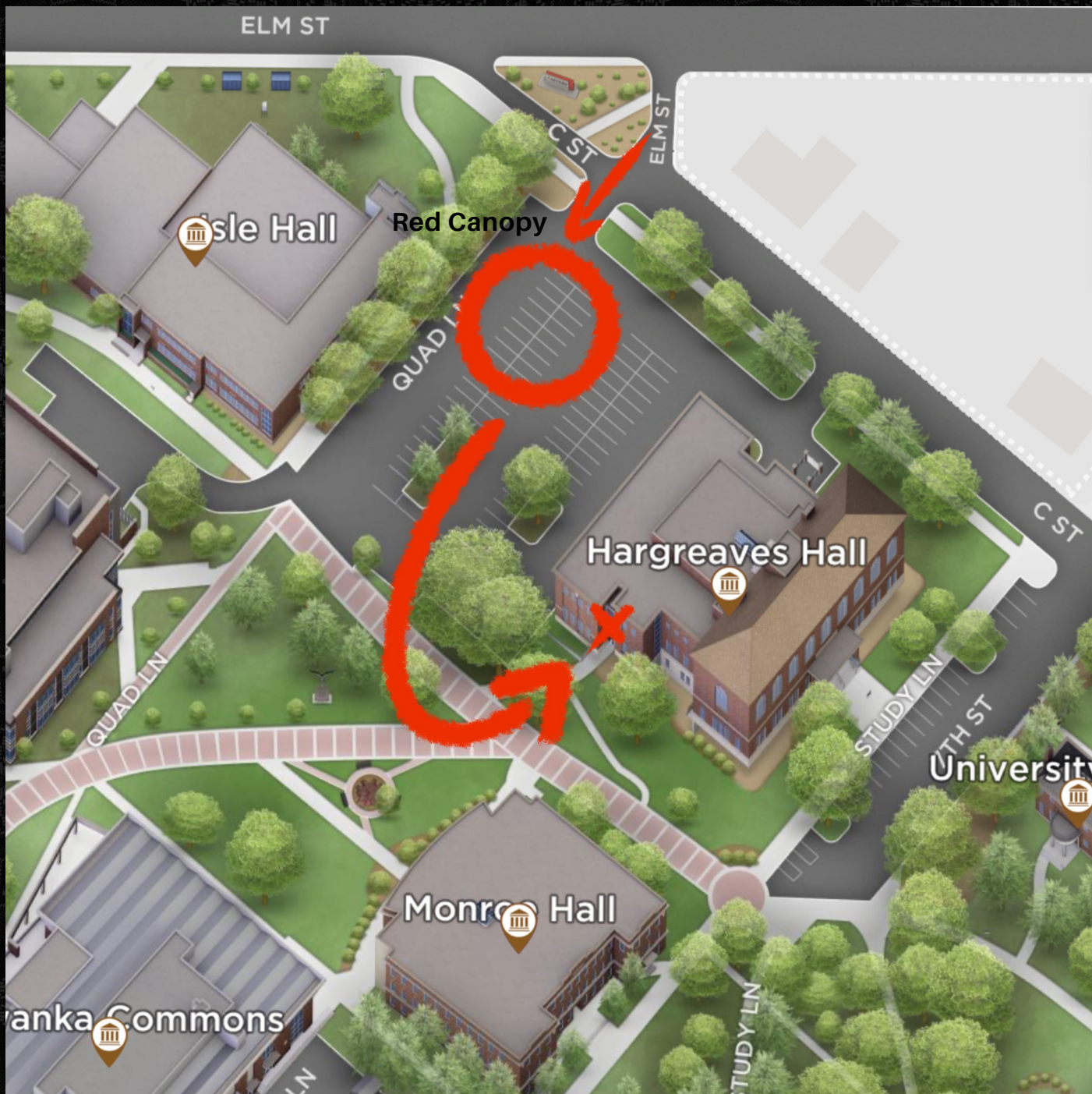
Directions If You're Eastbound on I-90

1. Take Exit 257 (Tyler/EWU).
2. Travel HWY 904 for 11 miles.
3. Once you enter Cheney, turn left on Washington Street.
4. Continue up the hill, and take the first right onto Elm Street
5. Turn right on C street, just before the Eastern Washington University sign.
6. Parking Lot 15 A will be on your right-hand side.

PARKING



PARKING IS COMPLEMENTARY!



Marissa Rudley

REGISTERED
DIETITIAN,
NUTRITIONIST



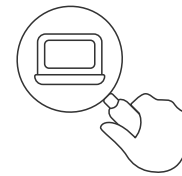
ABOUT ME



As an expert in food and nutrition, my love for all things food extends to meals and dining. I have been speaking professionally as an etiquette and dining expert for over 7 years. I love connecting with audiences over a meal.

Sharing good conversation and gentle guidance to make the very best impression is literally my cup of tea. My training as a dietitian is grounded in evidence-based findings, which I bring to the table as an etiquette speaker. And I should mention this too, I have a flair for the theatric. No stuffy or boring lecturing here - my presentations are conversational and include plenty of humor and fun.

MY BACKGROUND



Over 7+ years of consultation and dietitian experience. University of Idaho Alumni with a Master of Science in Family and Consumer Sciences/Human Sciences.





Networking Session

At 5:00 the evening will begin networking portion. Where students can get some tips on how to engage with professionals. (Pre-networking will begin at 4:30pm)





Recruitment and Hosting

Recruiting

As we know, 60-80 percent of jobs are obtained through networking, so as a professional attending this event, you can certainly use this as an opportunity to recruit if you like. You're free to talk about your company, what kinds of leaders you are looking for. While we won't have vendor tables, you can certainly bring whatever materials you like.

Hosting

All employers will automatically be considered hosts and will be spread around to different tables to meet students. On this evening, we hope that you would be open to sharing your professional knowledge of the subject with students.



Dinner

Food will be served at 5:45pm at the conclusion of the networking session!

Hors d'oeuvres (Networking Portion):

- Sicilian Tomato Bruschetta
- Citrus Punch

Starters:

- Rolls w. Butter
- Garden Salad with Cherry Tomato
- (Dressings: Ranch, Italian, Balsamic Vinaigrette)

Main Course:

(Served with garlic mashed potatoes with seasonal vegetables.)

- Oven Roasted Chicken Breast (Fresh Rosemary, Lemon)
or
- Tuscan Ragu (Vegetarian option)

Dessert:

- Chocolate Cake

THANK YOU



SAVE THE DATES



SPRING CAREER FAIR
Location: TBD



**APRIL
18**



**MAR
05**

FUSE CAREER FAIR
Spokane Convention Center
334 West Spokane Falls Blvd.
Spokane, WA 99201



**ALL MAJORS
CAREER FAIR 2024**
Location: TBD



**OCT
23**

Early Bird Registration starts July 8th



MORE INFO:

EWU.EDU/CAREERCENTER/EVENTS